

natalie ehmkka



**MEDIA KIT**

natalieehmka.com



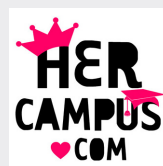
## SPEAKER, COACH, CONSULTANT

Natalie Ehmka is a nationally-acclaimed professional speaker and certified life coach. She has spoken on over 1,000 stages in her 14-year speaking career, and helps women and millennials magnify their voice and confidence. She specializes in leadership training for individuals, corporations, and organizations.

### **ENERGY LEADERSHIP INDEX – MASTER PRACTITIONER**

Natalie studied under the Institute for Professional Excellence in Coaching, an ICF accredited organization, and is an Energy Leadership Index Master Practitioner. She uses the Energy Leadership Index Assessment with her clients to help them identify their strengths, as well as negative and limiting patterns, with the ultimate goal of releasing the limiting patterns and magnifying positive attributes over time.

FEATURED IN



# SERVICES

- Speaking to leadership groups
- Energy Leadership Assessment
- Personalized Coaching
- Corporate Consulting



## ABOUT MY AUDIENCE

Leaders who know they are here to bring change to the planet at this time.

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# THE WORLDCHANGER PODCAST

As a motivational speaker and leadership coach turned translator of energy and events in the world, Natalie connects on a deeper level with her podcast. From personal growth and overcoming challenges, to coaching clips on business and relationships, energy, and impact. She discusses everything you need to know to go out there and be the change you want to see in the world. It starts with you.



## FEATURED GUEST ON:



Millennial Minds Rising Podcast



In Love She Rises Podcast



Evolved Mastery Podcast



The Sacred Podcast



Epic As F\*ck Podcast



Powerhouse Women Podcast



# FEATURED ON



## 15 Surprising Daily Habits That Can Make You A Better Leader

 **Forbes Coaches Council** COUNCIL POST | Paid Program  
Leadership

### 6. Drinking More Water

Drink at least 32 ounces of water during the first hour of your workday and consume more water than you think you need throughout the day as well. When water is flowing through your body, things in and around you flow more easily too. In addition to waking up the brain, it helps with productivity, focus, energy levels and flow of communication. - Natalie Ehmka, [With Heart Communications, Inc.](#)

## Six Effective Ways To Improve Team Morale And Bonding

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Leadership

### 4. Provide Opportunities For Personal Growth

I recommend opportunities for personal growth as well as compassion training within the company container, with the goal to increase awareness on the part of the employees, in order to build morale and improve team bonding. - Natalie Ehmka, [Natalie Ehmka Coaching & Consulting](#)

## 11 Essential Steps Businesses Should Take When Connecting With Influencers

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Leadership

### 1. Get To Know The Influencer

Take the time to research the influencer and investigate whether your business is really a fit for their audience, before you reach out. Get to know the influencer and understand why people follow that person, then align your pitch to that. Your pitch will be more personalized and effective, and then, when it's a genuine fit, it will make your influencer more excited to offer you to their audience. - Natalie Ehmka, [Natalie Ehmka Coaching & Consulting](#)

KNOW BOOK 2020  
"100 Women to Know  
and Do Business With"



*with heart*  
communications 

NATALIE EHMKA

A speaker, corporate trainer, and sought-after energy coach to leaders all over the globe, Natalie Ehmka consults with businesses, executives, and influencers of this generation and the next, to strengthen their energy and positive impact on the world.

In addition to being a member of the Forbes Coaches Council, and CEO of With Heart Communications, Inc., she has been a nationally-known motivational speaker and leadership trainer for the past 15 years. Natalie specializes in taking the world of energy, human behavior, spirituality, and the factors that influence change, and applying them to everyday life and business in a practical, tangible way.

When she's not coaching, you can catch her as host of The Worldchanger Podcast, where she shares tips and info to help us all magnify our impact and leave each other better, every day.

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# KEYNOTE SPEAKING

Through a variety of unique programs and workshops, and by sharing her own story, Natalie will reconnect your leaders to their Inner GPS, and teach them how to create a culture of compassion in and around themselves. Natalie has spoken to hundreds of schools and universities, and has taken the stage at National PTA, NASRO, NatStuCo, FCCLA, AAJHSC, FFA, SADD National, Youth2Youth International, National Charity League, Boys Team Charity, and more.





# TESTIMONIALS



I've gotten so many messages about how incredible your presentation was -everyone LOVED it!

-Abe B., Scottsdale, AZ



My results were amazing, and completely in alignment with who I am. It was so enlightening and freeing. There is no doubt that what I've uncovered through this assessment will have an outstanding positive impact on my entire life. Thank you!

-Jenessa S., FT Lauderdale, FL



Your words have stayed with me, and your impact has been felt by the entire group, thank you so much.

-Alicia, Brisbane, AUSTRALIA



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